



Lyndon Medina is a Counselling Psychologist and a Psychodramatist. He currently holds a Senior Counsellor position at the RMIT University Counselling Service, where he has been working for over sixteen years. Prior to the university role, he worked with young people and families and individuals who were long-term unemployed for seven years. He has a part-time private and throughout the year he conducts self-development, career related and mental health workshops where he incorporates a psychodrama approach. His special interest includes psychotherapy, groups, training, and personal & professional development.